YOUNG WOMEN MAY AVOID PAIN

Need Only Trust to Lydia E. Pinkham's Vegetable Compound, says Mrs. Kurtzweg.

Buffalo, N.Y.-" My daughter, whose picture is herewith, was much troubled with pains in her



month and they would sometimes be o bad that it would seem like acute inflammation of some organ. She read your advertisement in the newspapers and tried Lydia E. Pinkham's Vege-

table Compound. She praises it highly as she has been relieved of all these pains by its use. All mothers should know of this remedy, and all young girls who suffer should try it."-Mrs. MATILDA KURTZWEG, 529 High St., Buffalo, N. Y.

Young women who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take Lydia E. Pinkham's Vegetable Compound. Thousands have been re- we more mistaken. stored to health by this root and herb remedy.

If you know of any young woman who is sick and needs helpful advice, ask her to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass. 'Only women will receive her letter, and it will be held in strictest confidence.

CO-OPERATIVE BUYING OF FERTILIZERS ESSENTIAL

Farmers Are Asking Everywhere, "How Much Can We Afford to Pay for Phosphate?"-If We Buy Singly We Pay the Highest Price.

(By J. C. McAmis, Division of Extension, University of Tennessee.)

The price of phosphate fertilizers has gone sky high. It is retailing in many places for \$28.00 per ton and It is also necessary to give some at- crimson clover can be followed by a over. Farmers are asking everywhere, "How much can we afford to pay for phosphate?" It depends upon conditions.

greater chance of profit than any of ply incubators for diseases as tuberthe commercial fertilizers. Soils and culosis. crops which are in need of the element phosphorus will justify \$20.00 per ton for acid phosphate. We can The Division of Extension, of the afford to pay it if we must. But must University of Tennessee, Knoxville, is we? Phosphate must be used, but is it necessary to pay \$20.00 for it? If we buy singly we pay the highest sen in the state who writes in his ture. price; if we buy collectively we have questions. every advantage in buying at the low est price.

One hundred Knox county farmers bought collectively during the past \$14.90 per ton, when it was retailing to individuals for \$17.50 per ton. There was an actual saving of \$2.60 per ton. by wagon from Knoxville, it is estivantage than the reduction in the first

The first essential in such co-opera- stained, painted, or whitewashed. tive relations was mutual confidence. They obtained it by a frank, open discussion of the phosphate problem. They determined the amount that they needed and agreed upon a spokesman who should correspond with a number of wholesale fertilizer dealers and obtain their bids.

It would seem to be a more profitable thing to launch and "put over" such an enterprise in a community than to quibble about the chance of profit or loss from the use of phosphate. It is a necessity if it is deficient in the soil.

CALOMEL DYNAMITES A SLUGGISH LIVER

Crashes into sour bile, making you sick and you lose a day's work.

Calomel salivates! It's mercury. Calomel acts like dynamite on a sluggish liver. When calomel comes into contact with sour bile it crashes into ft causing cramping and nausea.

M you feel billous, headachy, constisated and all knocked out, just go to your druggist and get a 50 cent bottle of Dodson's Liver Tone, which is a harmless vegetable substitute for dangerous calomel. Take a spoonful and it it doesn't start your liver and strighten you up better and quicker than nasty calomel and without making you sick, you just go back and get your

If you take calomel today you'll be sick and nauseated tomorrow; besides, it may salivate you, while if you take Dedson's Liver Tone you will wake up feeling great, full of ambition and ready for work or play. It's harmless, pleasest and safe to give to children;

GIVE LIVE STOCK GOOD SHELTER

Northern Farms Need Well-Made Buildings

GOOD BARNS BRING PROFIT GET

Tight Barns, However, May Be Worse Than No Barn at All for They May Increase Disease-See That Buildings are Well Ventilated.

(By C. D. Lowe, Division of Extension, University of Tennessee.)

Observations made over this state indicate that our live stock shelters are largely of the two extremes that is, none at all, or too costly character. Of course the latter class are few in and a half cents a pound.

Somehow most of us have had the idea that because we lived in "Sunny" Tennessee, our live stock needed no shelter and that such things were for the up-north stockman. Never were

The prime necessity for live stock shelter is not so much for protection to the farmer. against extreme cold, as many believe, as against cold rains, sleet and soft snows. Sufficient feed of the proper sheep, Wilson county leading with 56, constituency together with heavy winter hair-coats of animals offer enough | 56,598; Maury, Williamson, Lincoln resistance to mere dry cold in any temperate climate.

Our winter rains, sleets, etc., are heavier and more frequent than in with 14,668 and Hawkins headed the many sections of the North. Therefore, we do need the proper kind of 10,554. The total number of sheep in shelters, more, even, than many north-

ern locations. However, the protection needed is inexpensive. Anything that provides a sold in May. waterproof overhead covering and breaks side-drafts is sufficient. Such pasture. The pasture was the fallconveniences may be found in mere sown fields and crimson clover. In open sheds with roof, and one side and the case of the grain the fields were one end boarded up leaving southern not pastured close enough to interfere exposure open. Such structures need materially with the grain crop. The only to be sufficient size to accommo- manure about made up for the posdate the stock while eating their feed. tention to the conservation of the summer crop of corn or beans. The manure. Retaining walls of concrete flocks that were fed received at most or even solid concrete floors in feedlots are often advisable.

Experiments and field practice has barns are perhaps worse than none, lons; enough, one would think, to inamply proven that phosphate can be since it is now evident in many places duce him to realize the dreams and nditions with a that such structures have become sim- visions in practice on his farm.

> Good barns will make surer the health of the animals.

The Division of Extension, of the studying the building of barns. The Division is at the service of any citi- small grain and crimson clover pas

CLEANLINESS FOR CHICKENS

year 110 tons of acid phosphate at (By R. N. Crane, Division of Extension, University of Tennessee.)

The inside of the poultry house should be a clean place. It will re-Besides, the fertilizer was delivered in quire careful attention and some work. car load lots to the nearest railroad but results will pay for the effort. station. Instead of having to haul it Paint the perches at least once a week with crude oil, kerosene, or some good mated that they saved 1,600 miles lice paint. This will hold in check haul, which was an even greater ad- vermin. Twice a year thoroughly whitewash the inside of the house. The outside should be kept well

HIGH PRICED

Tennessee Farms as Well as Wilson County Is Doing What Many Counties of Tennessee Could De

State Now Has Only 800,000 Sheep Where It Should Have Several Times That Number-Tennesses Needs a Few Sheep on Each Farm.

(By C. A. Keffer, Division of Exten sion, University of Tennesses.)

County Agent W. K. Tipton, of Wilson county, reports that the Baird's Mill Lamb Club sold its lambs for delivery in Lebanon, May 30, at eleven

That fact should set every farmer in Tennessee to thinking.

A West Tennessee farmer owned 18 swes last winter, from which he raised 80 lambs. This is far above the average, but put these two facts of high price and high possible production together and nothing in the whole range of agriculture is richer in suggestion

In the eleventh census every county in Tennessee but one reported some 806 and Bedford county second with and Sumner counties following, each having over 40,000. Obion county led West Tennessee in sheep production list of East Tennessee counties with the state was 795,033.

Wilson county farmers got eleven and a half cents a pound for lambs

These lambs were raised largely on sible shortage in grain yield. The a small grain ration.

Eleven-cent lambs is enough to make Tight barns or poorly ventilated the farmer dream dreams and see vis-

> Dogs? With lambs at eleven cents, and wool at present prices the farmer certainly can afford to take care of

the dog evil. Study the matter thoroughly this

summer. Get ready for sheep by planting

Start with a small flock. Protect them. Instead of 800,000 sheep Tennessee should have millions.

Lax-Fos, A Mild, Effective Laxative & Liver Tonic Does Not Gripe nor Disturb the Stomach.

In addition to other properties, Lax-Fos contains Cascara in acceptable form, a stimulating Laxative and Tonic. Lax-Fos acts effectively and does not gripe nor disturb stomach. At the same time, it aids digestion, arouses the liver and secretions and restores the healthy functions. 50c.

Stop Those Sharp Shooting Pains "Femenina" is the wonder worker for all female disorders. Price \$100 and 50c.



Nothing Bad Can Get In-Nothing Good Can Get Out

"Silver Moon's" bright, clean parchment paper wrapped tin can, is the coffee lover's assurance of undiminished good quality. is the coffee lover's assurance of undiminished good quality. Nothing harmful can get to the coffee nor can any of the sweet aroma escape.

If you love coffee richness, delicacy and full flavor, order

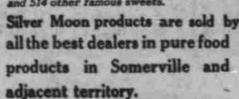
SILVER MOON COFFEE

-combining the goodness of five fine coffees in such proportion that the best of each adds to the excellence of all.

"Feather-light"—that describes the cakes and biscuit you'll make with Silver Moon Baking Powder—a pure phosphate powder free of alum. 25 cents per one pound can.

Oliver-Finnie Co.,

Makere of delicious Debutante Chocols and 514 other famous sweets.





THIS IS TANLAC WEEK-And over Eight Thousand Tanlac Stores Will Join in Celebrating The Second Anniversary of Its Wonderful Sale-Fame of Celebrated Medicine Spreads over Whole Nation Like Great Tidal Wave and it is Now Sold From Coast to Coast.

This is Tanlac week and over Eight Thousand of the leading dealers of the country, who are agents for Tanlac will join in celebrating the second anniversary of the greatest selling medicine of all time.

Everybody has heard of Tanlac and the wonders it has accompliseed. Everybody has also heard of how hundreds of thousands of suffering men and women have been restored to health and happiness by its use.

From coast to coast and from the Gulf to the Great Lakes Tanlac is known and honored. Millions have taken it and have pronounced it the greatest medicine that has ever been given to the people. No matter where you go is a household word and it is now unquestionably the most widely talked of medicine in the world today.

Although placed on the market a little less than two years ago over Seven and a Quarter Million bottles have been sold, and its record as a seller has probably never been equalled in the history of this country.

In six Southern states alone, Tennessee, Georgia, Florida, Alabama, Mississippi and Aakansas, Tanlac is now selling at the phenomenal rate of over a million bottlesper year and the demand is constantly increasing. Through the Atlanta office over eighty carloads have been sold and distributed since last October.

Tanlac dealers in practically all the larger cities of the South are now buying it in carload lots and right here in your home town, The,

RHEA DRUG COMPANY

Has Sold Since Dec. 21, 1915

Over 600 Bottles

If you want to know more about Tanlac just ask this well known firm! They will tell you it has not only proven the greatest seller but that it has given the best satisfaction of any medicine they have ever sold and that they are today selling more Tanlac than any other six medicines put together. They will also tell you of scores of people right in your community who have been benefited by its use. Ask your neighbors about it and they will tell you the same thing.

Tanlac is composed entirely of roots, barks and herbs and contains no minerals or harmful drugs as do many other medicines. The ingredients, or medicinal elements which make Tanlac come from remote sections of the earth

-the Alps, Pryenees, Russian Asia, Jamaica, Europe, Brazil, West Indies, Mountain States near the Rocky Mountains, Asia Minor, Persia, India, Mexico, Columbia and Peru, contribute the principal properties of the preparation

Tanlac aids the natural digestive process through its prompt though gently corrective action; bodily nourishment is derived through the proper assimilation of wholesome food. If you are weak, run-down and debilitated and need a good tonic and system purifier try Tanlac, and you will add your testimonial to the thousands of others who have been restored to health by its use.

Tanlac is Sold in Somerville Exclusively by the Rhea Drug Co.

Statement of the condition of

The LaGrange Savings Bank located at LaGrange, Tennessee, at the close of business October 11, 1816.

\$64,262.77 Loans and discounts. 2,800.00 Banking house 2,000.00 Furniture and fixtures ... Actual cash on

Due from banks and bankers (on 40,537 20- 46,968 37

Checks and cash items \$116,032.39 LIABILITIES

Capital stock paid \$10,000,00 Undivided profits less expenses and taxes paid.... 2,197.86-\$12,197.86

Individual deposits, subject to check...73,121.29

Cashier's checks.... 202.92 Total demand deposits...

Time certificates of deposit.... 103,834.53 Total deposits. \$116,032.39 Total.

State of Tennessee, County of Fayette, I, L. Ernest Anderson, cashier of the above-named bank, do solemnly swear that the above statement is true, and gives the actual condition of said bank as shown by the books on file in said bank. L. ERNEST ANDERSON, Cashier.

Sworn and subscribed to before me, this 19th day of October, 1916. T. W. RIVES, Notary Public.

Correct-Attest: M. P. COWAN, Director. E. T. MCNAMEE, Director. C. L. PANKEY, Director.

'Busy Again" A Soliloguy in Two Paragraphs

"That's the third time this morning. I can't wait a moment longer on that fellow. Let me see-what is Smith's number?

"If Jones won't provide sufficient telephone facilities for his customers, he can't blame me for dealing elsewhere. Operator, give me 437."

How do you know this very occurrence doesn't happen with your single telephone. Have an auxiliary line; the cost is trifling. Call the business Office today.

CUMBERLAND TELEPHONE & TELEGRAPH COMPANY



BOX 285, JACKSON, TENNESSEE.

Cuts, Burns. Money Back If It Fails. The Original and Genuine.

Bucklen's Arnica Salve

Reals the Hurt All Druggists and Dealers, 25e

MONEY MONEY MONEY

Long Time Loans

Money to lcan on improved Fayette County farms. No delay. Low Rate of Interest.

W. M. MAYO, Agent, SOMERVILLE TENNESSEE